

# Heartbeet Lifesharing

- A Camphill Community -

## Newsletter

[www.heartbeet.org](http://www.heartbeet.org)

FALL 2017 • Heartbeet Lifesharing • A Camphill Community • 218 Town Farm Rd • Hardwick, VT 05843

### ~ Harvesting & Sowing ~

Dear Friends of Heartbeet,

This has been a summer of rainbows and storms. Truly, we have seen some of the clearest, largest, and most breathtaking arches of color—sun and rain, light and dark, inspiring us to take in the wisdom of nature. As we waited patiently for warmth and sun, spring was persistent and we had to squeeze our haying in-between sprinkles and downpours. The landscaping continued around the new Community Center and gardens went in; the vegetable gardeners worked diligently and with enthusiasm despite the rain, taking refuge in the greenhouse when needed, as a reminder of warmer days to come. We welcomed 13 piglets on the farm—our first litter in years. It was a joy to behold the scrabbling pack of squealing sweetness, and we have had two calves born with one more on the way. With the cows out grazing, milk has been abundant.

It is hard to believe how fast this summer went, with so many highlights in the new Hall. We welcomed a multitude of performances, including Village Harmony Teen Camps and Northern Harmony. We also hosted "Get Thee to the Funnery," a teen Shakespeare camp run by Peter Gould. It was a joy to have two weeks of young people mingling in the culture of Heartbeet and for the community to experience their amazing performance of "The Tempest."

Mid-summer we turned our attention to White Pine renovations and thanks to Andy Hatch the work is well on its way. The first phase of the project is done and we have raised \$40,000 of the needed \$80,000. We did manage to get the biggest jobs done, which will allow the house to be used again, warmed by all the necessary improvements. Ver, Derek, Sequoya, and Parker are settling in, bringing love to our beloved first Heartbeet home. It is a joy to see the light shining out from the windows again! The basement is truly transformed, and the French drain around the outside will keep it dry. Thank you to everyone who has gotten us this far! However, there are still some large improvements needed such as replacing the gutters and adding cellulose dense pack insulation to the walls. Please help us with the second half of the needed funds to bring this beloved farm house fully into the modern age.

During this season we also received an extremely generous, anonymous matching gift of \$40,000 to renovate the pool house on Heartbeet Hill in Craftsbury. Our summer on-line campaign helped us reach our matching goal and I am pleased to say the plans to update the pool house are under way. A huge thank you to everyone who made this possible, including our Camphill family across the water at Vallersund Gard in Norway.

In addition to continuing our updating of White Pine, we must now turn our attention to renovating the Yurt with the intention of making it a year-round user-friendly space. Indoor plumbing and heating will allow us to use it as an art studio and flexible guest space. As it stands, it has been hard to fully utilize this otherwise beautiful building. We need your support in helping us raise the necessary \$25,000 to add the



Rachel and Max having fun fencing the cows in.



Brittany, Annie and Suzannah gathering in the Hall.

infrastructure that will serve the community's needs now and into the future, when we one day build a permanent structure in that location.

It is hard to believe that summer is almost over but the leaves are changing, hillsides are spotted with red and orange, and pumpkins are replacing peaches on the shelves of local farm stands, reminding us that autumn is really here.

We have our last hay down and apples are red and ready to be harvested—applesauce, apple butter and definitely time for apple pies!.

Our hearts are filled with gratitude for our surrounding extended community,

Your support at this time means so much to us all!



Hannah Schwartz,  
Executive Director



Kei, Suzannah and Ann in Aster Yurt



Shakespeare Camp!

## Welcome New Co-workers

Heartbeet warmly welcomes the arrival of co-workers joining us from around the world including South Africa, Germany, Colombia, Hungary, Canada and the U.S.



Marie, Jakob, Jannis and Danaelle.



AJ, Rosie, Daniela and Jozsef



# The Hall Has Come Alive!

We are so grateful to all who have helped in the building of our Hall.  
Look at all the inclusive events that have been happening...



Sara, Kei, Hannah, Brittany, Dr. Sarah Morgan with her gorgeous quilt and Sequoya at Friends & Family Day.



Dr. Temple Grandin and Annie Jackson



Jonny Flood and Connor during Shakespeare Camp



Sean at Palaver Stings

## LIFE IN COMMUNITY



Lunches



Yoga with Riva Reynolds



Pizza & Movie Night!



## Reflections . . .

### Reflection – Julia Wiesinger

For me, it was a big step to go away to a foreign country for a whole year but now I can say it was an awesome experience and I would do it all again.

I am really surprised about what you can learn about yourself in one year. I learned to trust in myself, never underestimate anybody, center myself in difficult situations, and also to speak openly about my feelings, both good and difficult. I also learned to enjoy every moment because you never know what will happen next. This I learned with the passing of Jared's life.

I learned about understanding people and how to live and work together with different personalities.

I also learned a good combination of life skills to bring with me for example, cooking with fresh vegetables, doing my own laundry and house cleaning.

I am originally from Austria so it is a very different life here. I think Vermont isn't the typical American life. It is really a beautiful landscape, good organic food and friendly people. I found a second home here at Heartbeet and in Amber Rose I found a second family. The best part was and still is that I feel I will always be welcomed and loved. The hardest part was to find myself in the Community but once I did, it gives you sooo much.

Lara, a volunteer from Germany and I lived together at Amber Rose. We helped each other learn English and I can say to share our lives in the Amber Rose constellation was destiny. Our friendship built up strong and fast because we complement each other. I think to find this was a gift. It's really important to have somebody you can talk to about everything and be understood. We motivated each other and helped to understand our work together with the Friends. I have no idea what I would have done without her here this year.

In the next chapter of my life I am totally changing direction. Before I came to Heartbeet I worked in a Tech office and was always in front of a computer but now I want to have a career in Social Work. I will take back so much from this year. I learned it is really important to always stay positive and to highlight the good that is inside each person. I found a totally different side of myself from my year at Heartbeet.



Brielle, Julia & Lara



Julia, Sara and Lara

arrived at the same time to Heartbeet. In the past year we have become really close friends. Living with Julia was more than living with a coworker, it was like living with your best friend. I think that was another reason why my year here was so great. I will definitely try to enjoy smaller things more and I think I will look at things from a different point of view then I did before.

### Reflection – Lara-Marie Assert

My year at Heartbeet was great. It was a great opportunity to develop more and to become an adult. I had just finished my school in Germany before I came to Heartbeet. This is a whole new chapter in my life. When I came here I loved it. I love Vermont, the people and of course Heartbeet. I remember the day I arrived and I cried so hard when I landed in Philadelphia. But when I arrived here the people were so nice to me and I felt really welcome. When I started to settle in and I got to know everyone I really fell in love with this place. I learned a lot about myself and what I am capable of. The best part of my year was learning about a new culture and to learn new holidays. On the other hand, the worst part was arriving in a foreign country and now leaving to fly back home. Living in America was a really nice experience and it is really different than living in Germany. For example, the stores and cars are much bigger here. I think that living with Julia in a house was super great because we both speak German and we



## and Renewal ~

### Aster-The Heartbeet Yurt -\$25,000

Once the hub of Community gatherings at Heartbeet, the Yurt needs some updating in order to become a four season space. The plan includes adding a bathroom, running water and a heating/cooling system. The exciting news about this project is that the plumbing and heating can be used in the future when we convert the site to a building/house.

We need your help to make this happen.



Fun times at the pool!

### The Pool House at Heartbeet Hill - \$40,000 Raised!

Thanks to a very generous anonymous donor who started the Matching Gift campaign, the plans to renovate the Pool House at Heartbeet Hill are moving forward. It will have the potential to offer accommodations for family, coworkers and guests of our community.



Entrance to Aster Yurt



Art Class



### Farm & Garden Wish List

"The garden of the world has no limits, except in your mind."  
- Rumi

- Bucket grapple- \$2,100  
(Attaches to the bucket of a bulldozer when picking up brush, logs and stone)
- Garden processing structure- \$5,000  
(A place for garden produce to be washed, sorted and prepped for storage)
- Soil and crop improvement- \$5,400
  - Cover crop and hay seed
  - Soil tests and amendments



## On The Beet..





## Here's how to donate:

### Online

[www.networkforgood.com](http://www.networkforgood.com)  
[www.amazon.com/heartbeetlifesharing](http://www.amazon.com/heartbeetlifesharing)

### By Mail

Heartbeet Lifesharing  
Attn: Development  
218 Town Farm Road  
Hardwick, VT 05843



Parker enjoying the warmth of the summer sun.

### Corporate Donations

Corporate Donations can be supported through business matching grants. If you are giving a donation to Heartbeet, check with your business or corporation to see if they would be willing to match it.

### Pledge Donations

If you would like to give a donation over time our finance office can help organize that for you at (802) 472-3285 or [finance@heartbeet.org](mailto:finance@heartbeet.org)

### Material Donations

We welcome material donations of equipment and supplies!  
Call our office at (802) 472-3285 for details or [info@heartbeet.org](mailto:info@heartbeet.org)

#### **Mission:**

Heartbeet is a vibrant lifesharing community that includes adults with developmental disabilities and interweaves the social and agricultural realms for the healing and renewing of our society and the earth. Community members live and work together, in beautiful extended family households, forming a mutually supportive environment that enables each individual to discover and develop his or her unique abilities and potential.

*Heartbeet Lifesharing is an equal opportunity employer and provider. Heartbeet is registered as a 501(c)(3) non-profit corporation and its primary purpose is serving individuals with developmental disabilities. We are a youthful organization with significant capital expenses, so your support is greatly appreciated.*



Patrick & Chris

## White Pine- Finishing Up Much Needed Renovations

Renovations of the much loved, original farmhouse began in Spring. A symphony of bulldozers, diggers, saws and hammers filled our valley. The inside walls held a road map of tired wiring, rusty pipes and rotting wood.

We are so grateful to all the local craftsmen and women who have worked so diligently to get this project done for our community. White Pine has a brand new mitigation system. In addition, all of the plumbing and electrical system have been updated. The unwelcoming cellar of the past has been transformed into a bright, airy laundry room, and boot room with addition of a brand new ADA compliant bathroom.



Andy putting up coat racks

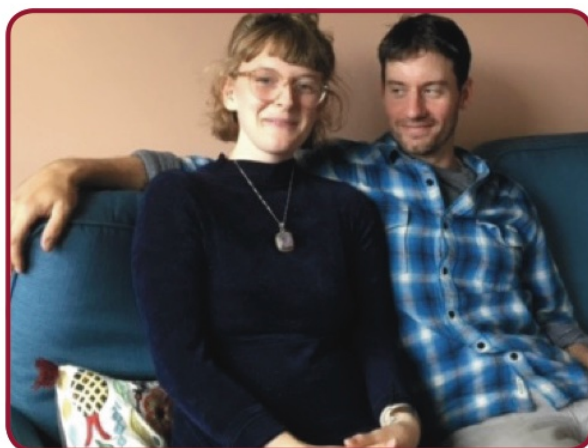


The New White Pine Boot Room

The first floor support beams (joist) had to be lifted and redone under the kitchen and dining room. There was a bathroom in the kitchen which is now a pantry. Everywhere you turn there are beautifully colored walls awaiting art work. The drafty glass door in the sun room has been replaced and will keep everyone toasty during the winter months. The original wood floors have been refinished, shower tiles replaced and a hot water baseboard system has been added with six different zones throughout the house to bring energy efficiency.



Parker & Sequoya enjoying the Vermont Railway.



Ver and Derek - Exciting months ahead!

Our Friends Parker and Sequoya are excited to be moving into this original Heartbeet home. Once all of the polishing has been completed, the walls of White Pine will resonate with happiness as long term co-workers Ver and Derek prepare to be wed in December and welcome a new baby in the Spring.